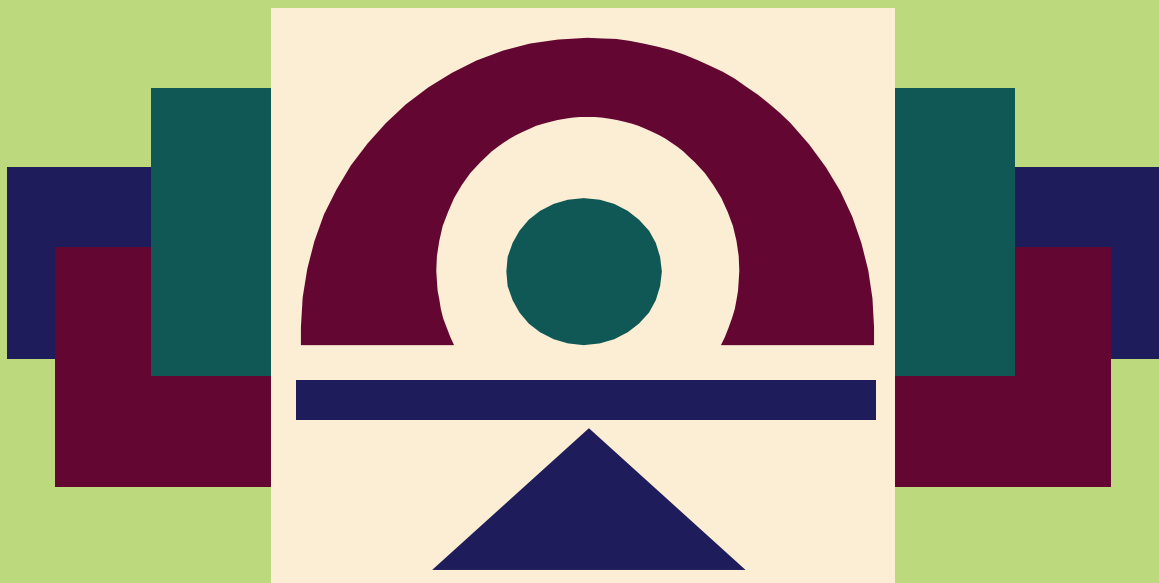


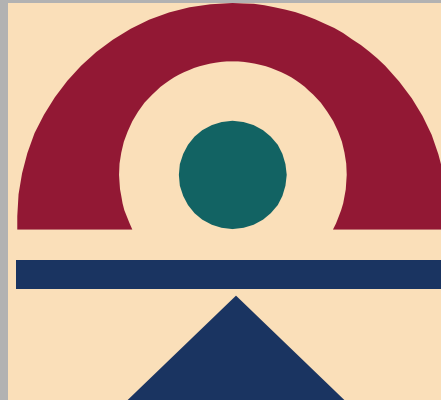
# Balancing Autonomy and Accountability in a System of Individual and Family Supports



## MEETING PROGRAM

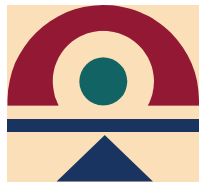
NASDDDS  
2006 Annual Meeting  
November 8-10  
Hyatt Regency Crystal City  
Arlington, Virginia

**NASDDDS  
2006 Annual Meeting**



***Balancing Autonomy and Accountability  
in a System of Individual and Family Supports***

November 8-10, 2006  
Hyatt Regency Crystal City  
Arlington, Virginia



# NASDDDS 2006 Annual Meeting PROGRAM at a Glance

## Wednesday, November 8

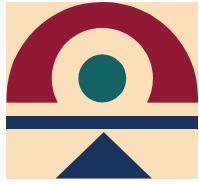
7:30 AM - 9:45 AM	NASDDDS Board of Directors Meeting----- Board Room <i>+Open to State Directors and NASDDDS staff only</i>
9:00 AM - 10:00 AM	Continental Breakfast ----- Regency Ballroom Foyer
9:00 AM - 6:30 PM	REGISTRATION ----- Regency Ballroom Foyer
10:00 AM - 12:00 PM	State Directors Forum* ----- Washington Room <i>*Open to State Directors and key MR/DD staff only</i>
12:00 PM - 1:00 PM	Buffet Luncheon ----- Potomac Rooms V/VI
1:00 PM - 3:00 PM	State Directors Forum* <i>continues</i> ----- Washington Room
3:00 PM - 3:15 PM	Afternoon Break w/Refreshments -- Regency Ballroom Foyer
3:15 PM - 4:00 PM	State Directors Forum* <i>continues</i> ----- Washington Room
4:00 PM - 4:30 PM	Annual Business Meeting* ----- Washington Room <i>*Open to State Directors and designated proxy only</i>
5:30 PM - 7:00 PM	Welcome Reception-----Tidewater Room

## Thursday, November 9

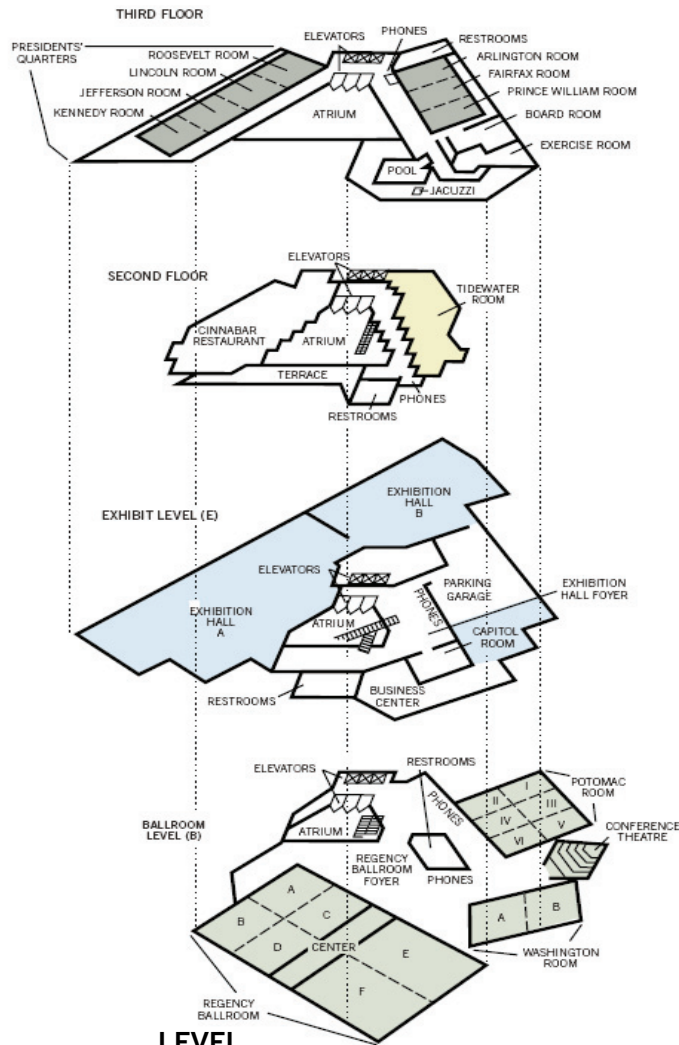
8:00 AM - 9:00 AM	Continental Breakfast ----- Regency Ballroom Foyer
8:00 AM - 4:45 PM	REGISTRATION ----- Regency Ballroom Foyer
9:00 AM - 9:15 AM	Welcome and Introductions----- Regency Ballroom AB
9:15 AM - 10:15 AM	Self-Advocate Panel Discussion ----- Regency Ballroom AB
10:15 AM - 10:30 AM	Morning Break w/Refreshments----- Regency Ballroom Foyer
10:30 AM - 11:45 AM	Family Advocates Panel ----- Regency Ballroom AB
11:45 AM - 12:00 PM	Plenary Address and Q&A ----- Regency Ballroom AB
12:00 PM - 1:30 PM	Luncheon -----Regency Ballroom F
1:30 PM - 3:00 PM	Breakout Sessions I ----Roosevelt, Lincoln & Jefferson Rooms
3:00 PM - 3:15 PM	Afternoon Break w/Refreshments ----- Presidents Foyer
3:15 PM - 4:45 PM	Breakout Sessions II ---Roosevelt, Lincoln & Jefferson Rooms

## Friday, November 10

8:00 AM - 9:00 AM	Continental Breakfast ----- Presidents Foyer
8:00 AM - 11:45 AM	REGISTRATION ----- Presidents Foyer
9:00 AM - 10:30 AM	Breakout Sessions III --Roosevelt, Lincoln & Jefferson Rooms
10:30 AM - 10:45 AM	Morning Break w/Refreshments----- Presidents Foyer
10:45 AM - 12:00 PM	Synthesis Plenary Session ----- Roosevelt/Lincoln Room



# NASDDDS 2006 Annual Meeting Hotel Floor Plan



**ROOM**

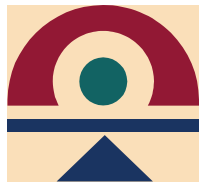
Regency Ballroom Foyer  
 Regency Ballroom Foyer  
 Regency Ballroom Foyer  
 Potomac Rooms V/VI  
 Washington Room  
 Regency Ballroom AB  
 Regency Ballroom F  
 Tidewater Room  
 Board Room  
 Presidents Foyer  
 Roosevelt Room  
 Lincoln Room  
 Jefferson Room

**LEVEL**

BALLROOM LEVEL  
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**FUNCTION**

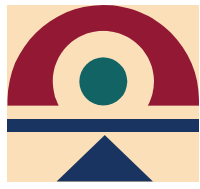
Wednesday/Thursday REGISTRATION  
 Continental Breakfast  
 Breaks/Refreshments  
 Wednesday Luncheon  
 Directors Forum  
 Plenary Session  
 Thursday Luncheon  
 Welcome Reception  
 Board Meeting  
 Friday REGISTRATION  
 Breakout Sessions  
 Breakout Sessions  
 Breakout Sessions



**NASDDDS**  
**2006 Annual Meeting**  
**SESSIONS at a Glance**

**Wednesday, November 8**

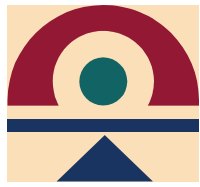
<b>Board of Directors Meeting</b>	<b>Board Room (Third Floor)</b>
<b>7:30 AM - 9:45 AM</b>	The Board of Directors Meeting is open to NASDDDS staff and State Directors only.
<b>State Directors Forum</b>	<b>Washington Room (Ballroom Level)</b>
<b>10:00 AM - 4:00 PM</b>	The State Directors Forum is open to NASDDDS staff, State Directors, and key MR/DD staff only.
<b>Annual Business Meeting</b>	<b>Washington Room (Ballroom Level)</b>
<b>4:00 PM - 4:30 PM</b>	The Annual Business Meeting is open to NASDDDS staff, State Directors, and designated proxy staff only.
<b>Welcome Reception</b>	<b>Tidewater Room (Second Floor)</b>
<b>5:30 PM - 7:00 PM</b>	The Welcome Reception is open to all meeting attendees. Be sure to take advantage of this opportunity for networking with other conference participants. Cash bar. Complimentary hors d'oeuvres.



**NASDDDS**  
**2006 Annual Meeting**  
**SESSIONS at a Glance**

**Thursday, November 9**

<b>Opening Plenary</b>	<b>Regency Ballroom AB (Ballroom Level)</b>		
9:00 AM - 11:00 AM	<b>Welcome and Introductions</b> Diane Coughlin and Bernard Simons  <b>Self-Advocate Panel Discussion</b> Julie Petty, Betty Williams, and Chavis Chappell  <b>Family Advocates Panel</b> Cathy Ficker Terrill, Rud Turnbull, and John Agosta		
<b>Plenary Address and Q&amp;A</b>	<b>Regency Ballroom AB (Ballroom Level)</b>		
11:00 AM - 12:00 PM	<i><b>Systemic Challenges...</b></i> Dennis Harkins		
<b>Breakout Sessions I</b>	<b>Roosevelt Room</b>	<b>Lincoln Room</b>	<b>Jefferson Room</b>
1:30 PM - 3:00 PM	<b>I-A Financing</b>  COLORADO DeCrescentis  CONNECTICUT duPree Nuss	<b>I-B Infrastructure Development</b>  GEORGIA Hall  MINNESOTA York Jaszczak Sootsman	<b>I-C Managing a Decentralized Service Network</b>  INDIANA Williams Bisbecos  COMMENTATOR Waller
<b>Breakout Sessions II</b>	<b>Roosevelt Room</b>	<b>Lincoln Room</b>	<b>Jefferson Room</b>
3:15 PM - 4:45 PM	<b>II-A Managing a Decentralized Service Network</b>  COLORADO DeCrescentis  CONNECTICUT McKay Mulvey	<b>II-B Financing</b>  GEORGIA Hall  MINNESOTA York Kelly Sootsman	<b>II-C Infrastructure Development</b>  INDIANA Mank Ranck  COMMENTATOR Fay



**NASDDDS**  
**2006 Annual Meeting**  
**SESSIONS at a Glance**

**Friday, November 10**

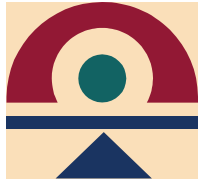
Breakout Sessions III	Roosevelt Room	Lincoln Room	Jefferson Room
9:00 AM - 10:30 AM	<b>III-A</b> <b>Infrastructure Development</b>  COLORADO DeCrescentis  CONNECTICUT Chappell Verno	<b>III-B</b> <b>Managing a Decentralized Service Network</b>  GEORGIA Hall  MINNESOTA York Jaszczak Kelly Sootsman	<b>III-C</b> <b>Financing</b>  INDIANA Opsahl Teninty Whightsel  COMMENTATOR Rolfe
<b>Synthesis Plenary Session</b>	<b>Roosevelt/Lincoln Room</b>		
10:45 AM - 12:00 PM	<b>Introductions</b> Stan Butkus  <b>Presenters</b> Robin Cooper and Wanda Seiler		

**MARK YOUR CALENDAR**  
 for these  
 Upcoming Meetings

**2007 Reinventing Quality Conference**  
 March 4-6, 2007  
 Francis Marion Hotel  
 Charleston, South Carolina

❧

**2007 NASDDDS Mid-Year Meeting**  
 May 9-11, 2007  
 Holiday Inn Rushmore Plaza  
 Rapid City, South Dakota



**NASDDDS**  
**2006 Annual Meeting**  
**PROGRAM: Wednesday, November 8**

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**Board of Directors Meeting**

**LOCATION:** Board Room (Third Floor)

**TIME:** 7:30 AM - 9:45 AM

Open to State Directors and NASDDDS Staff only

**Continental Breakfast**

**LOCATION:** Regency Ballroom Foyer (Ballroom Level)

**TIME:** 9:00 AM - 10:00 AM

**Registration**

**LOCATION:** Regency Ballroom Foyer (Ballroom Level)

**TIME:** 9:00 AM - 6:30 PM

**State Directors Forum**

**LOCATION:** Washington Room (Ballroom Level)

**TIME:** 10:00 AM - 12:00 PM

Open to NASDDDS staff, State Directors, and key MR/DD staff only

**Buffet Luncheon**

**LOCATION:** Potomac Rooms V/VI (Ballroom Level)

**TIME:** 12:00 PM - 1:00 PM

**State Directors Forum *continues***

**LOCATION:** Washington Room (Ballroom Level)

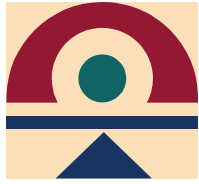
**TIME:** 1:00 PM - 3:00 PM

Open to NASDDDS staff, State Directors, and key MR/DD staff only

**Afternoon Break w/Refreshments**

**LOCATION:** Regency Ballroom Foyer

**TIME:** 3:00 PM - 3:15 PM



**NASDDDS**

**2006 Annual Meeting**

**PROGRAM: Wednesday, November 8**

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**State Directors Forum** *continues*

**LOCATION:** Washington Room (Ballroom Level)

**TIME:** 3:15 PM - 4:00 PM

Open to NASDDDS staff, State Directors, and key MR/DD staff only

**Annual Business Meeting**

**LOCATION:** Washington Room (Ballroom Level)

**TIME:** 4:00 PM - 4:30 PM

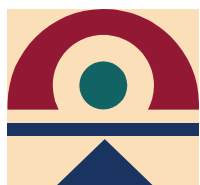
Open to NASDDDS staff, State Directors, and designated proxy only

**Welcome Reception**

**LOCATION:** Tidewater Room (Second Floor)

**TIME:** 5:30 PM - 7:00 PM

Open to all registered attendees.



**NASDDDS**  
**2006 Annual Meeting**  
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**Continental Breakfast**

**LOCATION:** Regency Ballroom Foyer (Ballroom Level)

**TIME:** 8:00 AM - 9:00 AM

**Registration**

**LOCATION:** Regency Ballroom Foyer (Ballroom Level)

**TIME:** 8:00 AM - 4:45 PM

**Welcome and Introductions**

**LOCATION:** Regency Ballroom AB (Ballroom Level)

**TIME:** 9:00 AM - 9:15 AM

**Diane K. Coughlin**

President, NASDDDS Board of Directors and  
Director, Developmental Disabilities Administration,  
Maryland Department of Health and Mental Hygiene

**Bernard Simons**

Director, Mental Retardation and Developmental Disabilities,  
Missouri Department of Mental Health

**PLENARY SESSION: *Key System Change Challenges***

**LOCATION:** Regency Ballroom AB (Ballroom Level)

**TIME:** 9:15 AM - 11:00 AM

**Self-Advocate Panel Discussion (9:15 AM - 10:00 AM)**

**PANELISTS: Julie Petty**

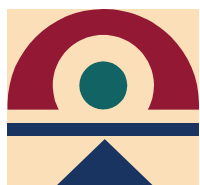
Chairperson, Self-Advocates Becoming Empowered

**Betty Williams**

President, Self-Advocates of Indiana  
Vice President, Self-Advocates Becoming Empowered

**Chavis Chappell**

Self Advocate Coordinator,  
Connecticut Department of Mental Retardation



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**Morning Break w/Refreshments**

**LOCATION:** Regency Ballroom Foyer (Ballroom Level)

**TIME:** 10:00 AM - 10:15 AM

**Family Advocates Panel (10:15 AM - 11:00 AM)**

**PANELISTS:** **Cathy Ficker Terrill**

President and CEO

Ray Graham Association for People with Disabilities

**Rud Turnbull, JD, LI.M.**

Professor, Department of Special Education and

Director, Beach Center on Disability,

University of Kansas

**John Agosta, PhD**

Vice President,

Human Services Research Institute

**Plenary Address and Q&A**

**LOCATION:** Regency Ballroom AB (Ballroom Level)

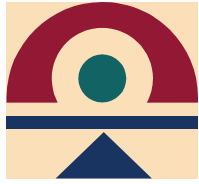
**TIME:** 11:00 AM - 12:00 PM

***Systemic Challenges in Creating A Service Delivery System  
Grounded in Individual and Family-Centered Values - Can We Get  
There From Here?***

What slows the replication and evolution of individualized and family-centered supports? What keeps us from doing what we now know? We all have our version of the usual and customary subjects. But what if it is us, Pogo? What might we learn from Tiger Woods, Robert Greenleaf, and Suzuki Roshi that will help us get there from here?

**Dennis Harkins**

Consultant, A Simpler Way



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**Luncheon**

**LOCATION:** Regency Ballroom F (Ballroom Level)

**TIME:** 12:00 PM - 1:30 PM

**BREAKOUT SESSIONS I:**

**SESSION I-A Financing**

**LOCATION:** Roosevelt Room (Third Floor)

**TIME:** 1:30 PM - 3:00 PM

**COLORADO**

*Overcoming Challenges in Redesigning System-Wide Financing*

**PRESENTER: Fred DeCrescentis**

Director,  
Division for Developmental Disabilities,  
Office of Adult, Disability, and Rehabilitation Services,  
Colorado Department of Human Services

Mr. DeCrescentis will provide an overview of Colorado's journey to date in its pursuit of developing a more transparent financial system to promote informed choices for self-advocates and families to direct services within a system of accountability.

**CONNECTICUT**

*Resource Allocation and Individual Budgeting Based on Support Needs*

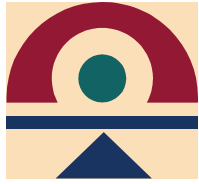
**PRESENTERS: Kathryn duPree**

Deputy Commissioner,  
Connecticut Department of Mental Retardation

**Laura Nuss**

Director,  
Strategic Operations Division,  
Connecticut Department of Mental Retardation

Ms. duPree and Ms. Nuss will share how DMR has implemented their new Level of Need (LON) tool and individual budgeting process. The



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LON is used to assess individual support needs and to allocate resources based on identified needs. The assessment also generates a level of need summary and a health and safety risk profile. DMR staff will also discuss the department's shift from master contracts for services to individual budgets and a rate-based system of payment for supports.

**SESSION I-B Infrastructure Development**

**LOCATION:** Lincoln Room (Third Floor)

**TIME:** 1:30 PM - 3:00 PM

**GEORGIA**

*The Real "Paradigm Shift" Boat is Now Docked in Your Port*

**PRESENTER:** **Stephen Hall, PhD**

Director,  
Office of Developmental Disabilities,  
Georgia Department of Human Resources

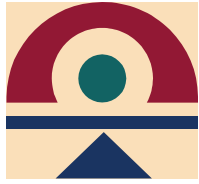
What we need are competent good providers who can deliver services that make a positive impact on the lives of citizens with developmental disabilities. This presentation describes how Georgia is switching from funding providers through contracts to funding individual budgets in order to create a new infrastructure of habilitation, employment, transportation, and other useful community services. It also focuses on "A Service is not a Place" program being used in Georgia to transform state-funded services for everyone.

**MINNESOTA**

*Minnesota's Consumer-Directed Community Supports System:  
Its Evolution and Lessons Learned*

**PRESENTERS:** **Shirley York**

Director, Disability Services Division,  
Minnesota Department of Human Services



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**Shantel Jaszczak**  
CFO,  
Consumer Directions, Inc.

**Ed Sootsman**  
Principal Planning Analyst,  
Hennepin County  
Human Services and Public Health Department

Representatives will talk about the evolution of consumer-directed services including “lessons learned” in building the approach and infrastructure for Minnesota’s Consumer-Directed Community Supports system. Representatives will include state officials, a county administrator, and a fiscal support entity representative. The presenters will highlight key decision points and actions that either helped or hindered the development of consumer-directed options.

**SESSION I-C Managing a Decentralized Service Network**

**LOCATION:** Jefferson Room (Third Floor)

**TIME:** 1:30 PM - 3:00 PM

**INDIANA**

*Taking “Dignified Risks” for Self-Determination*

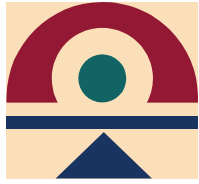
**PRESENTERS: Betty Williams**

President, Self-Advocates of Indiana  
Vice President, Self-Advocates Becoming Empowered

**Peter A. Bisbecos**

Director,  
Division of Disability and Rehabilitative Services,  
Indiana Family and Social Services Administration

As people with developmental disabilities increasingly realize opportunities for self-determination, the managerial and regulatory challenges necessary to ensure continued growth of self-determination



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multiply dramatically. We will discuss the importance of ensuring that consumers can take “dignified risks,” and how we intend to reform our regulatory structure to accomplish that. We will conclude by discussing how these changes will lead to greater self-determination.

**COMMENTATOR: Barry C. Waller**

Assistant Commissioner of Provider Services,  
Texas Department of Aging and Disability Services

Mr. Waller will provide informal comments and observations based on his experience in Texas.

**Afternoon Break w/Refreshments**

**LOCATION:** Presidents Foyer (Third Floor)

**TIME:** 3:00 PM - 3:15 PM

**BREAKOUT SESSIONS II:**

**SESSION II-A Managing a Decentralized Service Network**

**LOCATION:** Roosevelt Room (Third Floor)

**TIME:** 3:15 PM - 4:45 PM

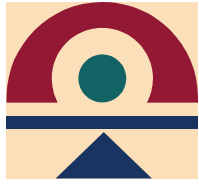
**COLORADO**

*Enhancing Colorado’s Decentralized Service Delivery System*

**PRESENTER: Fred DeCrescentis**

Director,  
Division for Developmental Disabilities,  
Office of Adult, Disability, and Rehabilitation Services,  
Colorado Department of Human Services

Mr. DeCrescentis will provide an overview of Colorado’s journey to date in its work of developing a more transparent system to promote informed choice for self-advocates and families to direct services within a system of accountability.



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**CONNECTICUT**

*Quality Reviews and Quality Councils*

**PRESENTERS: Mary McKay**

Connecticut Department of Mental Retardation

**Sheila Mulvey**

Connecticut Department of Mental Retardation

Ms. McKay and Ms. Mulvey will discuss the Connecticut Department of Mental Retardation's new Quality System Review (QSR), and relevant policies and procedures needed to implement and operate a system of individual and family supports. They will also discuss the role of families and consumers in quality management and improvement.

**SESSION II-B Financing**

**LOCATION:** Lincoln Room (Third Floor)

**TIME:** 3:15 PM - 4:45 PM

**GEORGIA**

*The Real "Paradigm Shift" Boat is Now Docked in Your Port*

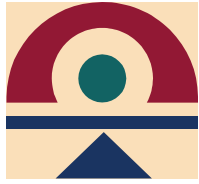
**PRESENTER: Stephen Hall, PhD**

Director,

Office of Developmental Disabilities,

Georgia Department of Human Resources

Today, community services funding for citizens with developmental disabilities is, for the most part, locked in state-to-provider contracts. This presentation details how Georgia is moving to an entire system of customer-driven budgets based on the person's needs and how provider reimbursement rates are now being established based on costs. Dr. Hall will also provide insight on solving the problem of inequitable funding, ensuring good utilization management, and funding services that make a positive impact on a person's life while reducing future costs.



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**MINNESOTA**

*Methodology for Consumer-Directed Budgets*

**PRESENTERS: Shirley York**

Director, Disability Services Division,  
Minnesota Department of Human Services

**Kathleen Kelly**

Supervisor, Disability Services Division,  
Minnesota Department of Human Services

**Ed Sootsman**

Principal Planning Analyst,  
Hennepin County  
Human Services and Public Health Department

State officials will discuss the development of and the current experience with their consumer-directed budget methodology, including how various state-level budget issues have impacted its use over time. Included in the discussion will be the basis upon which the budget is assigned to individuals.

**SESSION II-C Infrastructure Development**

**LOCATION:** Jefferson Room (Third Floor)

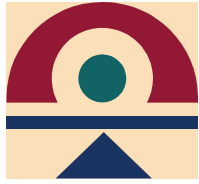
**TIME:** 3:15 PM - 4:45 PM

**INDIANA**

*Working Relationships Make Change Possible*

**PRESENTERS: David Mank, PhD**

Director, Indiana Institute on Disability and Community  
Professor, School of Education,  
Indiana University



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**Andrew Ranck**  
Director, Initiatives  
Division of Disability and Rehabilitative Services,  
Indiana Family and Social Services Administration

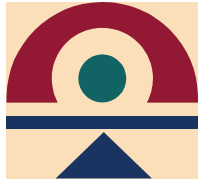
Indiana is implementing dramatic changes to its waiver system. These kinds of changes present significant challenges both politically and in the massive details that are required to make a new system function properly. We would not be able to implement so much, nor could we do it as quickly as we are, without a broad base of support from consumers, families, and advocates. This session will discuss the change process and the various working relationships that are making it possible. We will conclude by discussing how these changes will lead to greater self-determination.

**COMMENTATOR: Mary Lee Fay**  
Administrator,  
Seniors and People with Disabilities,  
Office of Home and Community Supports,  
Oregon Department of Human Services

Ms. Fay will provide informal comments and observations based on her experience in Oregon.

**Adjourn for the Day**

**TIME: 4:45 PM**



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**Continental Breakfast**

**LOCATION:** Presidents Foyer (Third Floor)

**TIME:** 8:00 AM - 9:00 AM

**Registration**

**LOCATION:** Presidents Foyer (Third Floor)

**TIME:** 8:00 AM - 11:45 AM

**BREAKOUT SESSIONS III:**

**SESSION III-A Infrastructure Development**

**LOCATION:** Roosevelt Room (Third Floor)

**TIME:** 9:00 AM - 10:30 AM

**COLORADO**

*Challenges to Developing Infrastructure*

**PRESENTER:** Fred DeCrescentis

Director,

Division for Developmental Disabilities,

Office of Adult, Disability, and Rehabilitation Services,

Colorado Department of Human Services

Mr. DeCrescentis will provide an overview of Colorado's journey to date in its development of infrastructure needed to provide self-directed services to individuals and their families.

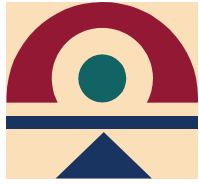
**CONNECTICUT**

*Real Time, Real World Supports: Developing Fast, Efficient, and Flexible Infrastructure Supports for People Who Self-Direct Their Services*

**PRESENTERS:** Chavis Chappell

Self Advocate Coordinator-North Region

Connecticut Department of Mental Retardation



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**Mickey Verno**  
Operations Manager,  
Operations Center,  
Connecticut Department of Mental Retardation

Mr. Chappell and Mr. Verno will discuss the Department of Mental Retardation's new infrastructure supports for self-directed services and supports: private support brokerage option, Family and Individual Consultative Services (FISC), employer materials and resources, involvement with the Connecticut C-PASS grant, and [rewardingwork.org](http://rewardingwork.org). Also discussed will be the work of the department's Self Advocate Coordinators to promote self-determination, self-directed supports, and choice of providers.

**SESSION III-B Managing a Decentralized Service Network**

**LOCATION:** Lincoln Room (Third Floor)

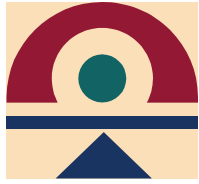
**TIME:** 9:00 AM - 10:30 AM

**GEORGIA**

*The Real "Paradigm Shift" Boat is Now Docked in Your Port*

**PRESENTER: Stephen Hall, PhD**  
Director,  
Office of Developmental Disabilities,  
Georgia Department of Human Resources

Tools to manage a contract/provider/deliverables/standards system are different than the tools needed to manage the emerging paradigm of an individual budgets/customer/impacts/outcomes system. This presentation will explain how to safely reconfigure old tools and incorporate new ones needed to give people with developmental disabilities an opportunity to enjoy a safe and fulfilling life in the community.



**NASDDDS**  
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**MINNESOTA**

*Consumer-Directed Community Supports*

**PRESENTERS: Shirley York**

Director, Disability Services Division,  
Minnesota Department of Human Services

**Shantel Jaszczak**

CFO,  
Consumer Directions, Inc.

**Kathleen Kelly**

Supervisor, Disability Services Division,  
Minnesota Department of Human Services

**Ed Sootsman**

Principal Planning Analyst,  
Hennepin County  
Human Services and Public Health Department

Representatives will talk about the standards and practices relating to Consumer-Directed Community Supports in Minnesota. State officials will discuss the general parameters for operating this option. Local officials will discuss the processes used to authorize and monitor the use of consumer-directed options, including the steps being taken to insure that people are adequately informed about how to use the option. A representative of a fiscal support entity will describe the manner in which her agency works with consumers in managing the budgets approved.

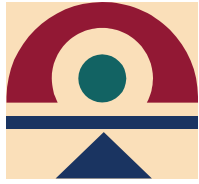
**SESSION III-C Financing**

**LOCATION:** Jefferson Room (Third Floor)

**TIME:** 9:00 AM - 10:30 AM

**INDIANA**

*Changing Financial Systems to Facilitate Greater Self-Determination*



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**PRESENTERS: Kim Opsahl**

Vice President, External Affairs,  
Indiana Association of Rehabilitation Facilities

**Lilia Teninty**

Chief of Staff,  
Division of Disability and Rehabilitative Services,  
Indiana Family and Social Services Administration

**Nanette Whightsel**

Director,  
Family Education and Community Resources,  
The Arc of Indiana

Indiana is moving towards a financial system that will objectively assess waiver consumers' needs so that budgets reflecting those needs may be provided. Today, many budgets are more a reflection of the persuasive ability of the consumer's advocates than of his/her needs. This process was in the conceptual phases when this administration took office. It survived a change of administration and political party due to widespread consensus of consumers, advocates, and providers. We will conclude by discussing how this change will lead to greater self-determination.

**COMMENTATOR: Linda Rolfe**

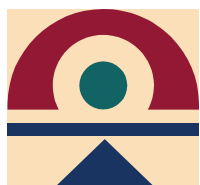
Director,  
Division of Developmental Disabilities,  
Aging and Disabilities Services Administration,  
Washington Department of Social and Health Services

Ms. Rolfe will provide informal comments and observations based on her experience in Washington.

**Morning Break w/Refreshments**

**LOCATION:** Presidents Foyer (Third Floor)

**TIME:** 10:30 AM - 10:45 AM



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**SYNTHESIS PLENARY SESSION**

**LOCATION:** Roosevelt/Lincoln Room (Third Floor)

**TIME:** 10:45 AM - 12:00 PM

***Balancing Autonomy and Accountability:  
Summary and Meeting Highlights***

**INTRODUCTIONS: Stan Butkus**

Vice President/President-Elect,  
NASDDDS Board of Directors and  
Director,  
South Carolina Department of Disabilities & Special Needs

**PRESENTERS:**

**Robin Cooper**

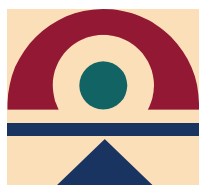
Director of Technical Assistance,  
NASDDDS

**Wanda Seiler**

Director,  
Division of Developmental Disabilities,  
South Dakota Department of Human Services

**Meeting Adjourns**

**TIME: 12:00 PM**



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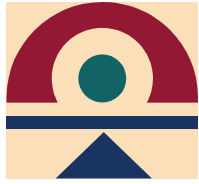
### Welcome and Introductions

**Diane Coughlin** has been the Director of Maryland's Developmental Disabilities Administration since 1995. Her accomplishments include the closure of a large institution, regulatory reform, a new reimbursement system for community providers, and the development of an innovative consumer satisfaction survey. Under Ms. Coughlin's leadership, Maryland launched a systems reform effort as well as a key initiative to eliminate the waiting list. In 1998, the American Association on Mental Retardation honored Ms. Coughlin with their National Leadership Award. And, in 1999, the President's Committee on Intellectual Disabilities recognized Maryland with its award for excellence in state policy collaboration. Ms. Coughlin also serves as President of NASDDDS Board of Directors.

**Barnard ("Bernie") Simons** is the recently appointed Director of Missouri's Division of Mental Retardation and Developmental Disabilities. Previously, he was part of the monitoring team for the U.S. Department of Justice vs. New Jersey settlement agreements for New Lisbon Developmental Center and Woodbridge Developmental Center suits. As a consultant, he's worked with numerous states on Centers for Medicare and Medicaid and Department of Justice issues. He has extensive experience assisting people in the transition process from developmental centers to the community facility phase down and strategies and risk mitigation system. Additionally, he has experience as a regional and facility director in Tennessee, the Connecticut Regional System, retired from Massachusetts after 21 years and began his career in direct care in Rhode Island. He has worked in the field for 35 years. Mr. Simons holds a B.A. in Liberal Arts, an M.A. in Education from the University of Rhode Island, and a Certificate of Advanced Graduate Studies in Special Education from Boston University.

### Plenary Sessions

**John Agosta** is presently a Vice President at the Human Services Research Institute (HSRI). He has worked in the field for 30 years in direct service or administrative capacities. At HSRI, his work focuses on policy analysis and evaluation related to community-centered systems for people with disabilities. Presently, he: (a) co-directs "Juntos Podemos," an effort in Salem, Oregon to establish a "one stop" family support center for Latino families, and is involved with other efforts to improve family support systems, (b) leads several projects related to self-advocacy, working in states such as Illinois, Missouri, South Dakota, Virginia, Montana, and Mississippi, and (c) participates in other projects related to improving state service systems. He also



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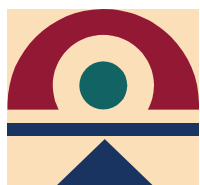
helped found the national Self-Advocate Leadership Network. Most recently, he co-founded “The Riot!” a free national e-newsletter for self-advocates.

**Chavis Chappell** has been promoting self-advocacy in Connecticut since 2003. He is employed by the Connecticut Department of Mental Retardation as a Self-Advocate Coordinator for the state’s North Region. He works closely with eight other Self Advocate Coordinators serving other regions of Connecticut. Mr. Chappell likes to work hard and he loves his job. “I look at my job as making a change in people’s lives and I look at everyone I work with as family -- and a great family works hard together,” he says, “That’s why I love my job so much.” Serving as a Self-Advocate Coordinator has enabled Mr. Chappell to deepen his understanding of self-advocacy and help a lot of people with disabilities. His goal is to “get the word out more,” he says. “Just because we have a disability doesn’t mean we can’t improve things in life.”

**Robin Cooper** is the Director of Technical Assistance with the National Association of State Directors of Developmental Disabilities Services, Inc. She works with state, county, and local governments as well as consumers and provider organizations on issues in long-term community-based support for people with disabilities with a focus on participant-driven, inclusive system design. Ms. Cooper has extensive experience in systems design and financing options that promote effective management practices while assuring consumer choice and control. She has had the privilege of learning from and assisting individuals with disabilities for 33 years. Ms. Cooper holds bachelor’s and master’s degrees from the University of Wisconsin-Madison.

**Dennis Harkins** is a former developmental disabilities services director from Wisconsin who has worked in this field almost as long as Bob Gettings. For several years, he was Robin Cooper’s supervisor, a task at which he failed miserably. For the past 10 years, Mr. Harkins has been working on integrating the expertise of people with disabilities, their families, their communities, and the public systems that support them. He is currently helping to develop the Wisconsin Institute on Self-Determination and hoping to create an emphasis on Integral Long-Term Care within the Integral Institute in Boulder, Colorado.

**Julie Petty** is one self-advocate who has a really full life. She is married, and is the mother of three-year-old and one-year-old sons. As a 2004 graduate of the University of Arkansas with a BA in journalism, Ms. Petty is involved in the self-advocacy movement at the national and state levels and currently serves as Chairperson for Self Advocates Becoming Empowered (SABE) and as State Coordinator of Arkansas People First. Among her many leadership roles and personal accomplishments was receiving the Arkansas Community Grassroots Organizing Award for the Advancement of Disability Rights in 2001. As the Project Coordinator for Arkansas People First, she



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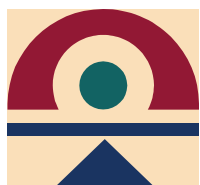
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developed the *Arkansas People First Membership Handbook*, and is active as a public speaker. She is a Certified Trainer for “Reaching My Own Greatness; Seven Habits of Highly Effective People” (a modified version of Stephen Covey’s program to specifically meet the needs of people with developmental disabilities), a trainer of all Arkansas People First local chapter officers, and an in-service trainer for the Creating Acceptance program at area junior high schools.

**Wanda Seiler** is a graduate of South Dakota State University with degrees in psychology and business. Prior to being appointed Director of the Division of Developmental Disabilities in South Dakota’s Department of Human Services in May 2000, Ms. Seiler served as the Assistant Director of the South Dakota Division of Mental Health. Her work in state government has involved her in various welfare reform initiatives and disaster management programs.

**Cathy Ficker Terrill** has been a professional in the field of disabilities for 31 years, the parent of a child with multiple disabilities for 20 years, and the survivor of a mild traumatic brain injury for 14 years. Ms. Terrill has dedicated her life to improving the lives of people with disabilities and their families. She is currently President and CEO of the Ray Graham Association for People with Disabilities. In addition, she is Past-President of the American Association on Mental Retardation and was President of Illinois TASH. She also served two terms on the President’s Committee on Mental Retardation. Ms. Terrill wrote a book, *Consent Handbook for Self-Advocates and Support Staff*, and donated book proceeds to AAMR. On a local level, Ms. Terrill is trying to reestablish a grassroots presence in the community. She represents many families in disputes with local school districts. Internationally, she has volunteered her time to help families in the Baltic States and Eastern Europe with the International Christian Children’s Bureau, she has helped set up early intervention family support and parent support groups in Poland with UNICEF, and has worked to reunite children with disabilities in Russian orphanages with their families. Ms. Terrill facilitated strategic planning in Saudi Arabia and Lithuania and has volunteered her time to expand self-advocacy in Japan and Cyprus.

**Rud Turnbull** is a researcher, teacher, consultant, and advocate. He is the father of a 38-year-old Jay, who has several disabilities. Dr. Turnbull has been described by peers in the field of developmental disabilities and special education as one of 36 people who changed the course of history in mental retardation in the 20th century and as one of the leaders in the field of special education in the 20th and 21st centuries. He is co-founder and co-director of the Beach Center of Disability at the University of Kansas. He served in the following capacities: chairman of the board of trustees of the Judge David L. Bazelon Center for Mental Health Law; president, American Association on Mental Retardation; chairman, American Bar Association Commission



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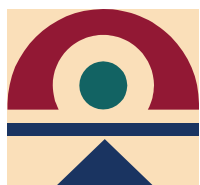
on Disability Law; secretary, The Arc of the United States; and treasurer, The Association for Persons with Severe Disabilities. He has testified before Congress on nearly a dozen occasions; served as counsel to committees of the North Carolina General Assembly; and been a Jos. P. Kennedy, Jr. Foundation Public Policy Fellow attached to the U.S. Senate Subcommittee on the Handicapped, where, in 1987-8, he did the staff work that led to the enactment of the Assistive Technology Act. Dr. Turnbull has authored 28 books, 48 monographs and technical reports, 131 articles, and 69 chapters covering 18 different issues of disability law and policy. He is the Budig Distinguished Professor of Special Education; a former courtesy full professor of law at Kansas University; former full professor of public law and government, University of North Carolina at Chapel Hill; recipient of national leadership awards from five disability-advocacy organizations; and the Beach Center's liaison to the Inter-American Children's Institute (a specialized agency of the OAS, based in Montevideo, Uruguay) and two Chinese universities, East China Normal University (in Shanghai) and Beijing Union University.

**Betty Williams** is president of Self-Advocates of Indiana and vice-president of the national self-advocacy organization, Self-Advocates Becoming Empowered (SABE). She has been a leader in self-advocacy since 1991. Ms. Williams has participated in national initiatives such as Project Leadership, a self-advocacy/parent partnership designed to change federal and, eventually, every state's policies to promote self-determination. She serves on the Indiana MR/DD Commission, the Indiana Protection and Advocacy Services Partners in Justice Committee, the Indiana Division on Disability and Rehabilitation Services Family Support Council, the DDRS Advisory Council, and the national Project Vote Committee of SABE. Ms. Williams also participates on the federal Monitoring and Technical Assistance Review System Survey Team from the federal Administration on Developmental Disabilities.

### Other Presenters

**Peter Bisbecos** has spent his career in and around public service, including: work on Indianapolis' public transit system, building and managing Americans with Disabilities Act compliance for the City of Indianapolis in the 1990s, service on several local not-for-profit boards, and his current position as Director of the Division of Disability and Rehabilitative Services in Indiana's Family and Social Services Administration.

**Stan Butkus** has been the Director of the South Carolina Department of Disabilities and Special Needs since 1996. He also serves as Vice President/President-Elect for NASDDDS, and is a member of its Governmental Affairs Committee. Dr. Butkus has extensive experience in the field of developmental disabilities in roles with various responsibilities ranging from live-in community group home coordination to regional



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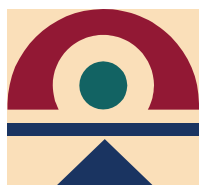
management and state leadership. In South Carolina, he has established policies and practices to increase self-determination through an independent person-centered planning process, simplified funding through a capitated model, and implemented personal outcome evaluation methodologies. The latter has led to the creation of an organizational performance enhancement process. In earlier roles, he directed Virginia's office of mental retardation, served as CEO of a large institution, and later worked as an associate commissioner for community and facility services. Prior to that, Dr. Butkus was employed in Maine and New Hampshire at the regional and state levels. Academic training includes a doctoral degree in social welfare and graduate degrees in social work, public administration, and special education.

**Fred L. DeCrescentis** has been Director of the Colorado Division for Developmental Disabilities since 2002. He is responsible for an operational budget of \$395 million that emanates from state appropriations and federal financial participation. He oversees contracts with 20 Community Centered Boards and three Regional Centers throughout the state that provide services and supports to 12,000 infants, children, adults, and their families.

**Kathryn duPree** is Deputy Commissioner for Family and Community Services of the Connecticut Department of Mental Retardation, serving in that role since 2000. She has been with DMR since 1985 as a regional director. She has responsibility for the development of individual supports, self-directed services and self-determination -- working with a network of consumers, families, and providers.

**Mary Lee Fay** is the Administrator of Oregon's Office of Developmental Disability Services, Seniors, and People with Disabilities. She has been with the state Department of Human Services since 1987. Prior to her state employment, Ms. Fay was the Executive Director of a non-profit training corporation, Oregon Technical Assistance Corporation. She has also been serving on NASDDDS' Board of Directors since 2003.

**Dr. Stephen Hall** has a PhD in Disability Policy/Adult Education from Virginia Commonwealth University. Dr. Hall has been a school teacher, school administrator, and professor - having taught courses at the University of Colorado, Indiana University, and Virginia Commonwealth University. Before becoming Georgia's first Director of the Office of Developmental Disabilities, Dr. Hall was Executive Director of a large private organization in Colorado for 10 years and was Executive Director of a three-county agency that included the city of Indianapolis for five years. In other words, this guy couldn't keep a job. Dr. Hall is best known for developing services, supports, and funding mechanisms that encourage family and personal choices that



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lead to men, women, and children with developmental disabilities having a real life in the community alongside other citizens.

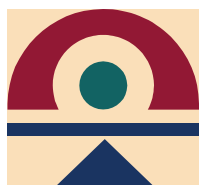
**Shantel Jaszczak** has been serving individuals with disabilities and their families since 1988. When Consumer Directed Community Supports (CDCS) was introduced in Minnesota, her passion immediately began to focus on facilitating change in the field based on the values of self-determination. With growing enthusiasm surrounding CDCS, she co-founded Consumer Directions, Inc., an agency designed and committed to offering only consumer-directed options. Ms. Jaszczak's education includes an accounting degree and a B.A. in Organizational Management and Communication; she is currently pursuing an M.A. degree in Business Organization at Concordia University.

**Kathleen Kelly** has been working in the field of developmental disabilities for more than 20 years and has her BA from the Minnesota State University- Mankato. She began working for the Minnesota Department of Human Services, Disability Services Division (DSD) in 1999. Her work focus is waiver services for persons with disabilities, with a concentration on Consumer Directed Community Supports. Prior to her current position as Home and Community Based Services Supervisor for DSD, she worked for Arizona's Division of Developmental Disabilities where she also focused on consumer-directed and family support services.

**David Mank, PhD**, is Director of the Indiana Institute on Disability and Community at Indiana University, Bloomington, and Professor in the University's School of Education. He is a national leader in the field of disability research, practice, and policy and has authored or coauthored more than 100 publications on disability policy, employment, and transition from school to work and community living regarding persons with disabilities. Dr. Mank was elected to the Board of the American Association of University Affiliated Programs (AAUAP) in 1997 and served as President of the Association from 1999-2000. In 2001, he was awarded the Franklin Smith Award for National Community Service, the highest award given by the Arc of the United States.

**Mary McKay** is Regional Director for the Connecticut Department of Mental Retardation (DMR) South Region, serving in that role since 2000. She has been with the department since 1978 in various management capacities.

**Sheila Mulvey** is a member of the Connecticut DMR West Region's Quality Council and Regional Advisory Council. She has also served as chairperson of the statewide Council on Mental Retardation. She has a family member who receives services from DMR and worked professionally in the private provider sector for several years.



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**Laura Nuss** has been with the Connecticut DMR for the past five years, leading the design and implementation of the department's Medicaid home and community-based service waivers, quality management, and information systems. Prior to her work in Connecticut, she was responsible for waiver policy and implementation in the North Carolina DD system.

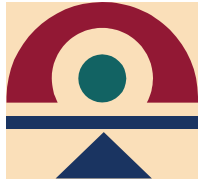
**Kim Opsahl** is Vice President of External Affairs of the Indiana Association of Rehabilitation Facilities (INARF) where she manages membership services and provides staff support on public policy and grassroots advocacy. She also provides technical assistance on adult residential programs, children's services, and human resource issues.

**Andrew Ranck, MBA.** Prior to joining Indiana's Division of Disability and Rehabilitative Services (DDRS) in May 2006, Mr. Ranck formally worked for the Indiana Association of Rehabilitation Facilities (INARF) as the Director of Business Development focusing his efforts on assisting providers with employment and business development. He was also responsible for oversight of the Indiana State Use Program. Before his work for the association, Mr. Ranck was a provider of ICF-MR and waiver residential services for 14 years. He holds a BA in Communication from DePauw University, and an MBA from Indiana University.

**Linda Rolfe** has 38 years of experience in developmental disabilities, six of which have been as the Director of the Division of Developmental Disabilities in the Aging and Disability Administration for the Washington State Department of Social and Health Services.

**Ed Sootsman** is Principal Planning Analyst and Supervisor of the Consumer Directed Options Unit for the Hennepin County Human Services and Public Health Department in Minneapolis, Minnesota. He holds an MSW from the University of Michigan and an MPH from the University of Minnesota. He has worked for Hennepin County in developmental disability services since 1984, and has been very involved with promoting client self-determination, and planning and implementing consumer-directed services. He currently co-supervises a staff unit responsible for Consumer Directed Community Supports (CDCS) under the home and community-based waiver programs.

**Lilia Teninty** has been with Indiana's Division of Disability and Rehabilitative Services for three years. During her service for DDRS, she supervised the Medicaid Waiver Unit responsible for daily operations of the developmental disability, autism, and support services waivers; served as the Assistant Director of the Bureau of Developmental



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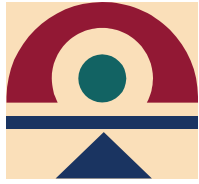
Disabilities Services; and now supports division-wide efforts to fulfill the new vision and mission through organizational objectives, processes, and structures. Before working for the state, Lilia worked for Indiana's Assistive Technology Project (ATTAIN). As a parent of a child with autism, she has a firm commitment to improving the lives of individuals with disabilities. Ms. Teninty earned a B.A. from Mills College, and an MPA from Indiana University.

**Mickey Verno** serves the Connecticut Department of Mental Retardation as Operations Manager in the Operations Center. He worked as a regional self-determination director prior to joining the central office.

**Barry Waller** was named Assistant Commissioner for Provider Services for the Texas Department of Aging and Disability in July 2004. As assistant commissioner, he is responsible for institutional services, the state schools, and community services. Mr. Waller has more than 30 years of experience in the mental health/mental retardation profession, including family counseling, intake and assessment, caseworker services, and administration. Before coming to DADS, he was acting director of Community Mental Retardation Services for the Texas Department of Mental Health and Mental Retardation. He holds a bachelor's degree in sociology and a master's degree in social work from the University of Maryland.

**Nanette Whightsel** has been employed at The Arc of Indiana for four years as Director of Family Education and Community Resources. Her background includes a 42-year struggle to acquire adequate supports for her oldest daughter, Suzette, who has developmental disabilities. Ms. Whightsel now works proactively with families and individuals living in institutions to find supports in the community. Working with the state of Indiana, she has successfully transitioned 166 individuals from Muscatatuck Developmental Center, placed 90 individuals in the community from Ft. Wayne State Developmental Center, and worked with 64 families to find community supports when Silvercrest Children's Center closed.

**Jennifer H. Woods** has worked on behalf of individuals with disabilities for almost 10 years. In May 2006, she joined the Division of Disability and Rehabilitative Services in Indiana's Family and Social Services Administration as Compliance Officer. In this capacity, she is responsible for guiding the development of a new regulatory structure. She holds degrees from Columbia University and the Georgetown University Law Center.



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**Shirley York** is the Director of the Disability Services and HIV/AIDS Divisions for the Minnesota Department of Human Services. Her career has been devoted to the advancement of community services for people with disabilities. In Minnesota, she is responsible for the policy, funding, and administration of all disability services. Ms. York's philosophy about services is: "The end goal of providing service/support is to assist people in achieving their own vision about their own life."